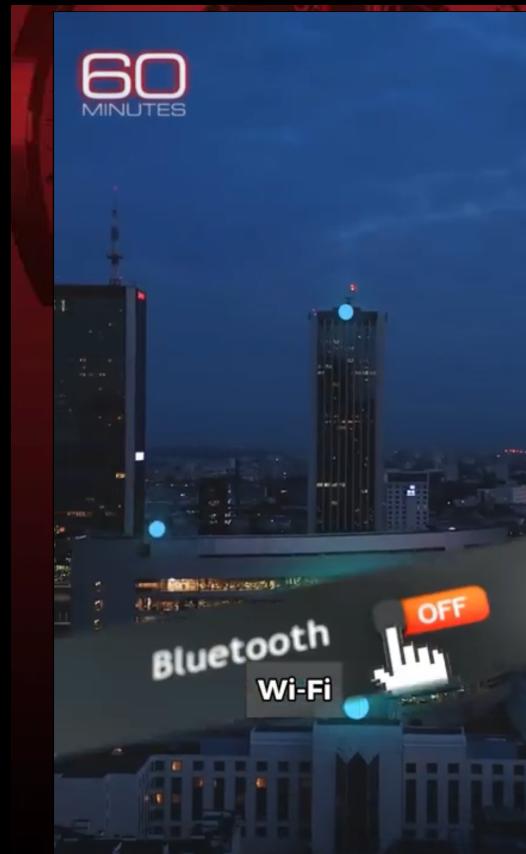


One Device You are Holding Is Doing More Damage to Your Brain Than Aging

Dr Attia Reveals How 193 Patients in Palo Alto Reversed Alzheimer's Symptoms After Ingesting Rare "Blue Fruit"



60 MINUTES

Harvard Health Publishing

Chronic Device Exposure Linked to Neurological Degeneration.

August 18, 2024

Reviewed by **Mallika Marshall, MD**, Contributing Editor

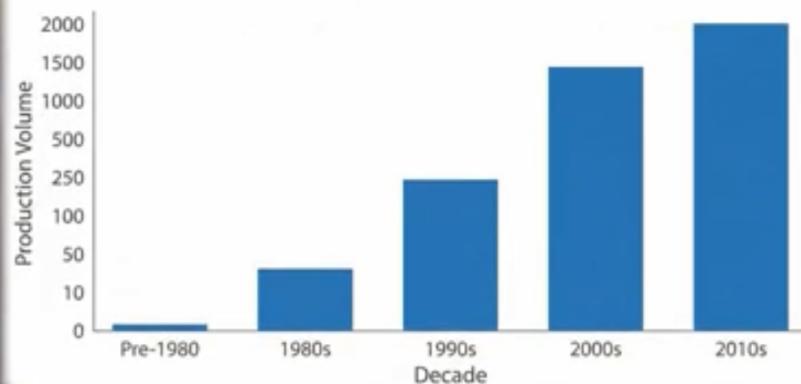
The research concludes that continuous, high-level exposure to devices—notably cell phones, Wi-Fi, and Bluetooth—induces a state of chronic "neuronal stress." This persistent overload was shown to be a direct contributor to the debilitating "brain fog," severe memory lapses, and cognitive fragmentation reported by a growing demographic.

These findings suggest this chronic overstimulation is not a benign side effect of modern life, but an active catalyst for the brain's degeneration, effectively overloading neural pathways and accelerating cognitive decline.

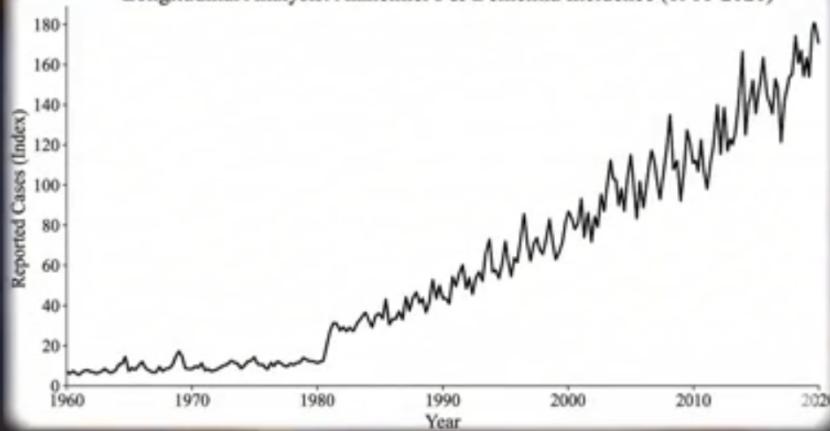
in August 2024

60
MINUTES

Global EMF Technology Manufacturing Output



Longitudinal Analysis: Alzheimer's & Dementia Incidence (1960-2020)



**and dementia cases
starting from the 80s**

60
MINUTES

JNeurosci
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are staggering

60
MINUTES

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Harvard Study Shakes Medical Consensus on Alzheimer's Treatment

Harvard, 2010 - A landmark study is shaking consensus through the medical community. The research, a collaboration "unprecedented," between Harvard and the

According to the peer-reviewed data, **87% of participants demonstrated an average 11-point increase on the Mini-Mental State Examination (MMSE) score**, the gold standard for cognitive assessment. The study's authors note this improvement represents the functional equivalent of reversing over a decade of cognitive decline and neural degeneration.

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Dr Attia Reveals How 193 Patients in Palo Alto Reversed Alzheimer's Symptoms After Ingesting Rare "Blue Fruit"

60JNeurosci
THE JOURNAL OF NEUROSCIENCE

An Official Journal of SfN SOCIETY for NEUROSCIENCE

Harvard Study Shakes Medical Consensus on Alzheimer's Treatment

The End of Pharmaceutical Dependence?

Perhaps the study's most disruptive finding was the impact on controlled medication dependency. The report details that **78% of patients who were on standard pharmaceutical treatment (including Aricept®, Namenda®, and Exelon®) were able to completely eliminate their medication** in under 120 days, reporting greater mental clarity than with the drugs themselves.

The comparative analysis was direct: the recipe, composed of simple and accessible ingredients, **proved to be up to 7 times more effective than standard drug therapy** alone.

Dr. Alistair Reed, the study's lead author,